



**PHYSICAL THERAPY  
PHYSICAL THERAPY ASSISTANT (PTA)  
GERIATRIC SKILLS CHECKLIST**

Name of Applicant: \_\_\_\_\_

Date: \_\_\_\_\_

<b>1 = No Experience</b>	<b>2 = Some Experience</b>	<b>3 = Experienced</b>
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**Please check the level of knowledge and experience in all listed criteria.**

Skills	1	2	3	Skills	1	2	3
<b>Orthopedic</b>				TENS			
Neck Injuries / Surgeries				Electrical Stimulation			
Back Injuries / Surgeries				Ultrasound			
Hip Fractures / Injuries				Cryotherapy			
Total Hip Replacement				Massage			
Knee Injuries				Diathermy			
Total Knee Replacements				Acupressure			
Upper Extrem Joint Replacement				Spinal Mobilization			
Shoulder Injuries				Extremity Mobilization			
Degen. Joint Disease / Arthritis				Myofacial Release			
Osteoarthritis-Frozen Shoulder				Craniosacral Techniques			
Hand Injuries				Cervical Traction			
Post Operative Care				Lumbar Traction			
Amputations				Activities of Daily Living			
<b>Neurologic</b>				Gait Training			
Stroke Rehabilitation				Transfers			
Cognitive Disorders				<b>Others</b>			
Head Trauma				Chest PT			
Spinal Cord Injury				Cardiac Rehab			
Neuromuscular Diseases				Burn Management			
Adaptive Equipment - Wheelchair				Exercise Programs			
Alzheimer's / Dementia				Universal Precautions			
<b>Prosthetics / Orthotics</b>				Skilled Nursing Documentation			
Upper Extremity Prosthetics				ICU Procedures			
Above Knee Prosthetics				CCU Procedures			
Below Knee Prosthetics				<b>Age Specific Care:</b>			
Ankle / Foot Orthosis				Newborn/Neonate (birth-30 days)			
Slings				Infant (30 days-1year)			
Splints – Wrist / Hand				Toddler (1-3 years)			
<b>Procedures / Treatments</b>				Preschooler (3-5 years)			
CPM Machine				School Age Children (5-12 years)			
Hydrotherapy				Adolescents (12-18 years)			
Whirlpool				Young Adults (18-39 years)			
Hubbard Tank				Middle Adults (39-64 years)			
Therapeutic Pool				Older Adults (64+ years)			