



CERTIFIED NURSING ASSISTANT LTC SKILLS CHECKLIST

Name of Applicant: _____

Date: _____

Level of Experience

- 1 = Theory/No Practice
- 2 = Familiar with, Need Review
- 3 = Intermittent Experience
- 4 = Frequent Experience, Performs Well

Frequency of Practice

- 1 = Never or Observed Only
- 2 = Occasionally (<6 times/year)
- 3 = Consistently (1-2 times/month)
- 4 = Frequently (daily or weekly)

Please check the level of experience and frequency of practice in all listed criteria.

SKILLS	Experience				Frequency				SKILLS	Experience				Frequency			
	1	2	3	4	1	2	3	4		1	2	3	4	1	2	3	4
Basic Nursing Skills									Basic Restorative Services								
Washing Hands									Transfer patient from chair to bed								
Follow Isolation Procedures									Assist resident to move up in bed								
Measure Resident's Urinal Output									Assist resident to turn on side								
Assist Resident w/ the use of bedpans									Assist resident to ambulate								
Provide perineal (skin) care									Range Motion-Right to left shoulder								
Take oral Temperature									Environmental Needs of the Resident								
Take rectal temperature									Infection Control								
Take radial pulse and count									Safety Practices								
Respirations									Emergency Disaster Plans								
Measure Weight of Ambulatory Residents									Isolation Technique								
Apply Wrist restraints									Physical Needs of the Resident								
Personal Care Skills									Resident comfort and safety								
Make an unoccupied bed									Transfer, positioning, and exercise								
Make an occupied bed									Observation and reporting physical changes								
Give complete bed bath									Hair Care								
Give tub bath or shower									Dressing and undressing residents								
Give back rub									Morning & Eve Care, Rest & Sleep								
Provide routine foot care									Nutrition								
Provide routine fingernail care									Elimination								
Provide mouth care									Vital Signs								
Provide denture care									Monitor bowel movements								
Shave resident									Empty drainage bag								
Dress resident									Weighing								
Feed dependent resident									Dying resident and post-mortem care								
Sitz bath									Specimens								
Psychosocial Needs of Resident									Hoyer Lift								
Emotional Needs									Lift patient 50+lbs.								
Recreational Needs																	
Death and Dying																	